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| Sport & Name of Organisation: |  |  | Assessment Date |  |
| Assessed By |  |  | Approved By |  |

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| Locations |  |  | Activities |  |
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| **1** | INDOOR HAZARDS |  |  | **5** | HAZARDS ON HILLS AND MOUNTAINS |  |
| **1.1** | Inappropriate lighting |  |  | **5.1** | Slips & trips on grass, mud, rock |  |
| **1.2** | Temperature |  |  | **5.2** | River crossings |  |
| **1.3** | Insufficient or unsuitable space |  |  | **5.3** | Remote locations |  |
| **1.4** | Untidiness – causing trip / fire hazard |  |  | **5.4** | Difficult communication – weather / distance |  |
| **1.5** | Stairs – dark / steep / no handrail |  |  | **5.5** | Falling debris |  |
| **1.6** | Lack of fire escapes / extinguishers / procedures |  |  | **5.6** | Extra work imposed by terrain type / angle |  |
| **1.7** | Slip / trip / fall hazards |  |  | **5.7** | Lack of shelter |  |
| **1.8** | Inadequate ventilation |  |  | **5.8** | Separation of group members |  |
| **1.9** | Inhalation of dust |  |  | **5.9** | Getting lost |  |
| **1.10** | Poor surfaces for activities – slips / trips / impact |  |  | **5.10** | Falls from height |  |
| **1.11** | Electrical hazards |  |  | **5.11** | Extremes of weather |  |
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| **2** | SPORTING ACTIVITY HAZARDS |  |  | **6** | PEOPLE & ORGANISATIONAL HAZARDS |  |
| **2.1** | Uneven playing surface |  |  | **6.1** | Lack of information, training or instruction |  |
| **2.2** | Playing surface too hard or soft |  |  | **6.2** | Poor activity planning or preparation |  |
| **2.3** | Hard or sharp objects on pitch |  |  | **6.3** | Poor activity delivery or organisation |  |
| **2.4** | Sliding on Astroturf or tarmac |  |  | **6.4** | Ignorance of rules and / or procedures |  |
| **2.5** | Collisions / Conflict with surrounding objects or people |  |  | **6.5** | Unsafe behaviour or attitude |  |
| **2.6** | Impact from sports equipment |  |  | **6.6** | Lack of appropriate first aid equipment and experience |  |
| **2.7** | Contact sport injury |  |  | **6.7** | Medical conditions of participants |  |
| **2.8** | Personal injury – fracture / sprains / cuts |  |  | **6.8** | Poor safety control from group leaders |  |
| **22.22** | USE BY UNTRAINED PERSONS NAUGHTY |  |  | **6.9** | Poor safety awareness from participants |  |
| **3** | HAZARDS ON COASTS & COASTAL WATERS |  |  | **6.11** | Lack of cooperation within group |  |
| **3.1** | Falls from cliffs, piers, sea walls |  |  | **6.12** | Differing skill levels within group |  |
| **3.2** | Struck by falling objects from cliff |  |  | **6.13** | Low level of physical fitness / strength |  |
| **3.3** | Slips & falls on slopes / loose surfaces |  |  | **6.14** | Aggression between participants |  |
| **3.4** | Quick sand & mud |  |  | **6.15** | Aggression from crowd / public |  |
| **3.5** | Access problems due to steep angle of beach slope |  |  | **6.16** | Contact between participants increasing risk |  |
| **3.6** | Collisions between water users |  |  | **2.22** | USE BY UNTRAINED ERSONS NAUGHTY |  |
| **3.7** | Swept away by wave surges |  |  | **7** | EQUIPMENT AND OTHER HAZARDS |  |
| **3.8** | Being washed against rocks / piers |  |  | **7.1** | Cash handling |  |
| **3.9** | Low water temperatures |  |  | **7.2** | Transport to and from your activity |  |
| **3.10** | Communication problems from waves / swell / distance |  |  | **7.3** | Food poisoning |  |
| **3.11** | Struck by objects in water |  |  | **7.4** | Hazardous substances |  |
| **3.12** | Stranded by tides |  |  | **7.5** | Equipment with moving / hot parts |  |
| **3.13** | Swept away by currents |  |  | **7.6** | Heavy equipment |  |
| **3.14** | Rip tides |  |  | **7.7** | Electrical hazards from equipment |  |
| **3.15** | Longshore drift |  |  | **7.8** | Noise from equipment |  |
| **3.16** | Conflicts between beach users |  |  | **7.9** | Risk of trapping body / clothing in equipment |  |
| **4** | HAZARDS ON STILL / MOVING WATER |  |  | **7.11** | Inadequate protective equipment |  |
| **4.1** | Getting swept away from equipment or people |  |  | **7.12** | Equipment in unsuitable condition |  |
| **4.3** | Striking / trapping by submerged obstacles |  |  | **8** | OTHER HAZARDS SPECIFIC TO ACTIVITY / COVID |  |
| **4.4** | Being dragged down by undertow |  |  | **8.1** |  |  |
| **4.5** | Restricted or impossible access to / from water |  |  | **8.2** |  |  |
| **4.6** | Access problems – rescue / getting kit into water |  |  | **8.3** |  |  |
| **4.7** | Falls from drops in level at weirs / waterfalls |  |  | **8.4** |  |  |
| **4.8** | Getting out of depth |  |  | **8.5** |  |  |
| **4.9** | Low water temperature |  |  | **8.6** |  |  |
| **4.10** | Separation from other people |  |  | **8.7** |  |  |
| **4.11** | Slips / trips on steep banks or uneven surfaces |  |  | **8.8** |  |  |
| **4.12** | Difficult communications |  |  | **8.9** |  |  |
| **4.13** | Remote locations |  |  | **8.10** |  |  |

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| **Sports Federation Club** |  | **Number of Persons Involved** |  |
| **Nature of Activity** |  | **Frequency of Activity** |  |

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| **Assessed By** |  | **Date** |  |
| **Reviewed By** |  | **Date** |  |

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| **Hazard Ref.** | **Potential Effect** | **Existing Controls in Place** | **Score**  **Low/Medium/High Risk** | **Further Controls Required?** | **ACTION**  **Who By** | **ACTION**  **Target date** |
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