

FALMER CLASSES

17TH MAY - 27TH JUNE 2021 | TIMETABLE

CLASS

ALL SESSIONS ARE 45 MINUTES LONG AT THE FALMER SPORTS CENTRE
SEE SPORT.BRIGHTON.AC.UK/BOOK FOR LIVE AVAILABILITY, CHANGES & BOOKING

MONDAY	
18.30	ZUMBA WITH ORLANDO
TUESDAY	
18.15	SPIN WITH HARRISON
19.00	AB ATTACK WITH HARRISON
WEDNESDAY	
17.35	BOXFIT WITH JESS
THURSDAY	
12.05	SPIN WITH BRYAN
18.00	YOGA WITH CLARE

MEMBERS CAN BOOK 7 DAYS IN ADVANCE FOR NO ADDITIONAL COST.
STUDENT AND STAFF NON-MEMBERS CAN BOOK 48 HOURS IN ADVANCE ON A PAY AS YOU GO BASIS FOR £3 PER CLASS.

Non attendance, arriving outside these times or cancelling within three hours of your session will result in the standard non member charge for that activity being applied to your membership.

