

PARKLIFE

Social Sport & Physical Activity

SEE ONLINE OR
DOWNLOAD OUR
APP TO BOOK.
USE YOUR STUDENT
ID TO LOGIN

MONDAY

NETBALL | 17.00 - 18.30 | JUST PLAY | FAL

TENNIS | 17.00 - 18.30 | JUST PLAY | FAL

TUESDAY

DODGEBALL | 19.00 - 20.00 | JUST PLAY | FAL

VOLLEYBALL | 17.30 - 19.00 | JUST PLAY | FAL

WEDNESDAY

11 A-SIDE FOOTBALL | AFTERNOONS | JUST LEAGUES+

DANCE | 18.30 - 20.00 | JUST MOVE | MOU

ARCHERY | 20.00 - 22.00 | JUST LEARN | FAL | £2

THURSDAY

FOOTBALL MEN'S | 16.00 - 18.00 | JUST PLAY | FAL

WOMEN'S FUTSAL | 17.00 - 18.30 | JUST PLAY | FAL

TOUCH RUGBY | 19.30 - 21.00 | JUST PLAY | FAL

TENNIS LADDER | 16.00 - 18.00 | JUST PLAY | FAL

FRIDAY

WOMEN'S FOOTBALL | 17.00 - 18.30 | JUST PLAY | FAL

BASKETBALL | 17.00 - 18.00 | JUST PLAY | FAL

BADMINTON | 18.00-19.00 | JUST PLAY | FAL

DANCE | 19.30 - 21.00 | JUST MOVE | MOU

LOCATION KEY:

FAL - FALMER SPORTS CENTRE

MOU - MOULSECOOMB GYM & FITNESS

+ NEW LEAGUES STARTING SOON.

SIGN UP VIA OUR APP OR WEBSITE.

MOST SESSIONS START W/C 3RD OCTOBER 2022

SWIMMING | £2



AVAILABLE EVERYDAY FOR JUST £2 PER SWIM AT FREEDOM LEISURE POOLS IN BRIGHTON. JUST PICK UP A PARKLIFE STUDENT & STAFF VALIDATION CARD FROM A SPORT BRIGHTON RECEPTION AND SWIM DURING OPEN SWIM TIMES AT YOUR NEAREST POOL. DETAILS CAN BE FOUND AT [SPORT.BRIGHTON.AC.UK/PARKLIFESWIM](https://sport.brighton.ac.uk/parklifefswim)

BOULDERING STUDENT DEAL | £3.20



WEDNESDAYS 8AM-4PM DURING TERM TIME. SHOE HIRE IS REQUIRED AT AN ADDITIONAL £1 IF NEEDED. LOCATED AT BOULDER BRIGHTON, PORTSLADE. ONLINE BOOKING REQUIRED. PICK UP A PARKLIFE STUDENT VALIDATION CARD FROM A SPORT BRIGHTON RECEPTION TO PROVE STUDENT STATUS ON ARRIVAL. [BOULDERBRIGHTON.COM/STUDENTS](https://boulderbrighton.com/students)

PARKLIFE DROP IN SESSIONS LET YOU PLAY AND TRY **ACTIVITIES FOR JUST £1** UNLESS STATED. EQUIPMENT IS PROVIDED. BOOK SESSIONS ONLINE & VIA THE APP. JUST PLAY ARE DROP IN SESSIONS. JUST MOVE SESSIONS ARE COACHED OR INSTRUCTOR LED. JUST LEAGUES ARE A WEEKLY LEAGUE PROGRAMME.

[SPORT.BRIGHTON.AC.UK/PARKLIFE](https://sport.brighton.ac.uk/parklife)



University of Brighton

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