

SPORT TASTERS

give it a go day

2021



PARKLIFE
Social Sport & Physical Activity

SPORT BRIGHTON
SPORT.BRIGHTON.AC.UK

EASTBOURNE | WED 29 SEPT

MEN'S RUGBY UNION

10.00 - 12.00 | TRIAL | EASTBOURNE RUGBY CLUB

WOMEN'S FOOTBALL

12.00-13.30 | TRIAL | EASTBOURNE SPORTS CENTRE STP

CHEERLEADING

12.00-14.00 | EASTBOURNE SPORTS CENTRE

DANCE

12.00-13.45 | EASTBOURNE SPORTS CENTRE

MEN'S & WOMEN'S LACROSSE

13.30-15.00 | EASTBOURNE SPORTS CENTRE STP

BOXING

13.45-15.30 | EASTBOURNE SPORTS CENTRE

SWIMMING

14.00-16.30 | EASTBOURNE SPORTS CENTRE POOL

MEN'S & WOMEN'S BASKETBALL

14.00-16.00 | EASTBOURNE SPORTS CENTRE

WOMEN'S RUGBY UNION

15.15-16.45 | EASTBOURNE SPORTS CENTRE STP

POLE FIT

16.00-17.30 | EASTBOURNE SPORTS CENTRE

NETBALL

16.00-18.00 | TRIAL | EASTBOURNE SPORTS CENTRE

MEN'S FOOTBALL

17.00-18.30 | TRIAL | EASTBOURNE SPORTS CENTRE STP

These sessions are open to all students that want to simply give them a go. Try one or more sports and find the right fit for you. If you miss these then see our website for weekly sessions you can attend. Some sessions are trials and this is noted next to the session.

SPORT TASTERS ON OTHER DATES:

MEN'S FUTSAL

THU 30 SEPT | 17.00-18.30 | TRIAL | EASTBOURNE SPORTS CENTRE

WOMEN'S FUTSAL

FRI 01 OCT | 20.30-22.00 | TRIAL | EASTBOURNE SPORTS CENTRE

TRAMPOLINING

MON 04 OCT | 20.00-22.00 | EASTBOURNE SPORTS CENTRE

MEN'S CRICKET

SUN 10 OCT | 15.00-17.00 | EASTBOURNE SPORTS CENTRE

MEN'S & WOMEN'S HOCKEY

MON 04 OCT | 18.00-19.30 | LEWES HOCKEY CLUB

Sign Up To Be Emailed
Info On Your Sport:

