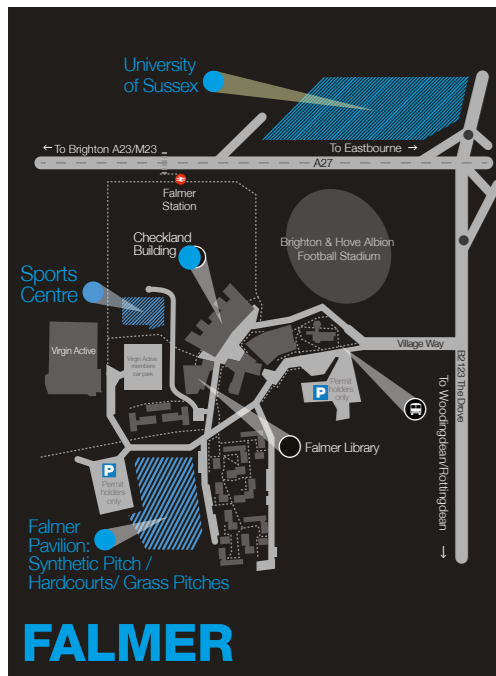


Locations



Further Information

What does it cost?

Clubs all have different costs depending on the nature and levels of support their club has chosen to receive. These are from Gold to Bronze membership. One thing for certain is it will be great value as the sports programme is subsidised.

All those taking part in Sports Federation Clubs must purchase a Sports Federation Card, this includes personal injury insurance. If you take part in more than one club then you only need one card for the sport requiring the highest category. You can find out the cost of your club's membership on our website.

Your club committee will also outline any additional costs for trips, kit and other fees before you join. You only need to buy your membership either by your first BUCS fixture or before the 1st November, whichever comes first. So feel free to try before you buy!

Safety & Insurance

Clubs are run by students for students. Silver clubs will have qualified coaches, other clubs may be led by students themselves. All activities carry an element of risk. Make sure you are aware of the risks and only undertake activities if you are happy to do so.

Make session leaders aware of any medical conditions that may be relevant or should you require anything else to be considered to make sessions accessible for you. Our Sports Federation membership includes personal injury insurance. Details available on our website.

BUCS & the Brighton Panthers

Many of our clubs compete in either weekly or one off British Universities Colleges Sport (BUCS) competitions against other universities nationally. See www.bucs.org.uk for Brighton's fixtures and results.

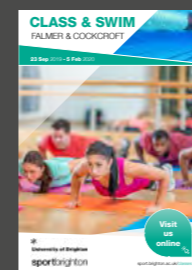
The University of Brighton's teams compete as the Brighton Panthers.



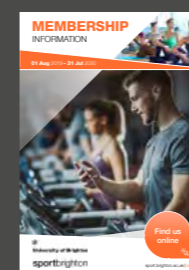
Other options to get active: See our other leaflets for more info



Parklife: For those that like their sport fun and low in cost. New timetable each term www.parklifeplay.co.uk



Classes: Fitness classes for everyone. Cycle, dance and lift your way to fit. Grab the latest timetable for info.



Gym Membership: Get access to Sport Brighton gyms, classes and priority booking all for a great student rate.

SPORTS CLUBS

SPORTS FEDERATION



2019/20



sport.brighton.ac.uk/clubs

01273 642871 studentsports@brighton.ac.uk
































sportbrighton

SPORTS CLUB DETAILS

Further details and contacts for all these clubs can be found at sport.brighton.ac.uk/clubs.

Want to get involved? Go along to the first session. This is either in the form of a trial or it might just be your chance to have a go. See the 'trial or open' column so you know what to expect. Missed the first session? Not to worry either contact them or turn up in term time if a day & time is given in the end column.

| CLUB NAME <small>NOTE: CLUBS ARE MIXED IF NOT SPECIFIED</small> | LOCATION <small>SEE KEY FOR DETAILS</small> | FIRST SESSION DATE & TIME | | TRIAL OR OPEN | WEEKLY DROP IN SESSION OR CONTACT |
|---|--|--------------------------------|--------------|-------------------|---|
|  American Football | FAL CH | Fri 27 Sep | 09.45-13.15 | Open | Tuesdays 20.00-22.00 |
| Archery | FAL SC | Find us @ BSU's Freshers' Fair | | Open [^] | facebook.com/UoBrightonArchery |
| Athletics | EB SP | Thu 03 Oct | 18.00-19.30 | Open | facebook.com/groups/UoBAthletics |
|  Badminton | FAL SC | Fri 27 Sep | 17.30-19.30 | Open | facebook.com/badmintonbrighton |
|  Basketball Men's | EB SC | Wed 25 Sep | 14.45-16.30 | Trial | |
|  Basketball Women's | EB SC | Wed 25 Sep | 14.45-16.30 | Trial | |
| Boxing | EB SC | Wed 25 Sep | 16.00-18.00 | Open | Mondays 17.00-18.00 |
| Boxing | MOU CC | Thu 03 Oct | 17.00-18.00 | Open | Mondays 19.00-20.00 |
| Cheerleading (Waves) | FAL SC | Thu 26 Sep | 19.30-21.00 | Trial | facebook.com/WavesCheerleaders |
| Cheerleading (Panthers) | EB SC | Mon 30 Sep | 20.30-22.00 | Trial | |
|  Cricket Men's | EB SC | Sun 29 Sep | 15.00-17.00 | Open | Sundays 15.00-17.00 |
| Cricket Women's | EB SC | Sun 29 Sep | 15.00-17.00 | Open | Sundays 15.00-17.00 |
| Dance | FAL SC | Wed 2 Oct | 18.00-19.00 | Open | Wednesdays 18.00-19.00 |
| Dance | EB HI | Wed 25 Sep | 17.00- 19.00 | Trial | |
|  Equestrian | Plumpton | Find us @ BSU's Freshers' Fair | | Trial* | brightonuni.equestrian@gmail.com |
|  Football Men's | FAL PAV | FRI 27 Sep | 13.00-16.00 | Trial | brightonunifootball.com |
|  Football Men's | EB SC | Wed 25 Sep | 12.00-15.00 | Trial | |
|  Football Women's | FAL PAV | Tue 01 Oct | 18.30-20.00 | Trail | |
|  Football Women's | EB SC | Wed 25 Sep | 15.30-17.00 | Trial | G.Townsend2@uni.brighton.ac.uk |
|  Futsal Men's | EB SC | Wed 25 Sep | 16.30-18.15 | Trial | |
|  Futsal Women's | EB SC | Fri 27 Sep | 19.00-20.00 | Trial | |
| Handball | EB SC | Wed 25 Sep | 14.30-16.00 | Open | Wednesdays 14.30-16.00 |
|  Hockey Women's | STA DEA | Mon 30 Sep | 18.30-20.00 | Open | Thursdays 20.30-22.00 |
|  Hockey Women's | EB SAF | Wed 25 Sep | 16.00-18.00 | Open | Mondays 17.00-18.30 |
|  Hockey Men's | EB SAF | Mon 30 Sep | 20.00-21.30 | Open | Mondays 20.00-21.30 |
| Jiu Jitsu | FAL SC | Mon 30 Sep | 20.00-22.00 | Open | Mondays 20.00-22.00 |
| Karate | FAL SC | Mon 30 Sep | 20.00-21.30 | Open | Mondays 20.00-21.30 seishinclubs.co.uk |
| Korfball | FAL SC | Thu 03 Oct | 20.00-22.00 | Open | Thursdays 20.00-22.00 |
|  Lacrosse Men's | EB SAF | Wed 25 Sep | 14.00-16.00 | Open | Mondays 18.30-20.00 |
|  Lacrosse Women's | EB SAF | Wed 25 Sep | 14.00-16.00 | Open | Mondays 18.30-20.00 |
| Motorsport | VARIOUS | Find us @ BSU's Freshers' Fair | | Open* | facebook.com/BUMotorsport |
|  Netball Women's | FAL PAV | Fri 27 Sep | 16.00-19.00 | Trial | e.noble2@uni.brighton.ac.uk |
|  Netball Women's | EB SC | Wed 25 Sep | 13.00-14.45 | Trial | |
| Polo Team | VARIOUS | Find us @ BSU's Freshers' Fair | | Open | facebook.com/brightonunipolo |
| Powerlifting | FAL SC | Find us @ BSU's Freshers' Fair | | Open | instagram.com/uobpl |
|  Rugby League Men's | FAL PAV | Mon 30 Sep | 18.30-20.00 | Open | Mondays 18.30-20.00 |
|  Rugby Union Men's | FAL PAV | Fri 27 Sep | 15.00-17.00 | Open | |
|  Rugby Union Men's | EB SP | Wed 25 Sep | 15.00-17.00 | Open | |
|  Rugby Union Women's | EB SC | Wed 25 Sep | 18.30-20.00 | Open | Mondays 18.30-20.00 (Eastbourne RFC) |
|  Rugby Union Women's | FAL PAV | Fri 27 Sep | 20.00-22.00 | Open | Fridays 20.00-22.00 |
| Ski & Snowboard | VARIOUS | Find us @ BSU's Freshers' Fair | | Open | facebook.com/UBSSC |
| Surf | VARIOUS | Find us @ BSU's Freshers' Fair | | Open | facebook.com/ubscbrightonsurf |
|  Swimming | EB SC | Thu 26 Sep | 17.00-18.00 | Open | Tuesdays 17.00-18.00 |
|  Tennis | FAL VA | Tue 01 Oct | 18.00-20.00 | Trial | uobtennis18@gmail.com |
| Trampoline | EB SC | Thu 26 Sep | 17.00-18.30 | Open | Thursdays 17.00- 18.30 |
|  Ultimate Frisbee | FAL PAV | Fri 27 Sep | 17.00-18.30 | Open | Fridays 17.00-20.00 |
|  Volleyball Men's | FAL SC | Tue 01 Oct | 20.00-22.00 | Open | Tuesdays 19.00-20.30 |
|  Volleyball Women's | FAL SC | Tue 01 Oct | 18.00-20.00 | Open | Tuesdays 20.30-22.00 |


*Limited spaces available, booking required.

[^]Must complete beginners course prior to attending club sessions email uobarcheryclub@gmail.com for info

KEY- SEE MAP ON REVERSE FOR LOCATIONS

LOCATIONS:

EB HI Eastbourne Hillbrow Dance Studio
 EB SAF Eastbourne Saffrons
 EB SC Eastbourne UoB Sports Centre
 EB SP Eastbourne Sports Park/ Rugby Club
 FAL CH Falmer Campus Checkland Building Foyer then practical at FAL PAV
 FAL SC Falmer UoB Sports Centre
 FAL PAV Falmer UoB Pavilion STP/ Hardcourts/ Grass
 FAL VA Virgin Active, Falmer
 MOU CC Moulsecoomb UoB Cockcroft Sports Centre
 STA DEA Stanley Deason Leisure Centre BN2 5PB

 Competes in weekly BUCS (British University Colleges Sport) Competitions

Find contact information for each club at:
sport.brighton.ac.uk/clubs

