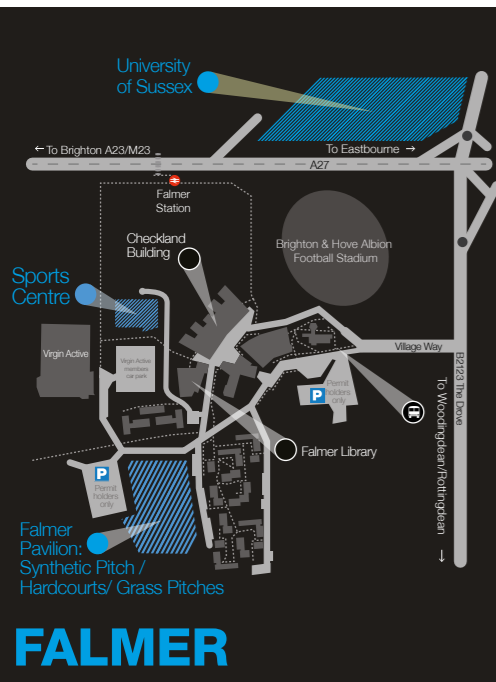


Locations



BRIGHTON



FALMER



EASTBOURNE

Further Information

What does it cost?

Clubs all have different costs depending on the nature and levels of support their club has chosen to receive. These are from Gold to Bronze membership. One thing for certain is it will be great value as the sports programme is subsidised.

All those taking part in Sports Federation Clubs must purchase a Sports Federation Card, this includes personal injury insurance. If you take part in more than one club then you only need one card for the sport requiring the highest category. You can find out the cost of your club's membership on our website.

Your club committee will also outline any additional costs for trips, kit and other fees before you join. You only need to buy your membership either by your first BUCS fixture or before the 1st November, whichever comes first. So feel free to try before you buy!

Safety & Insurance

Clubs are run by students for students. Silver clubs will have qualified coaches, other clubs may be led by students themselves. All activities carry an element of risk. Make sure you are aware of the risks and only undertake activities if you are happy to do so.

Make session leaders aware of any medical conditions that may be relevant or should you require anything else to be considered to make sessions accessible for you. Our Sports Federation membership includes personal injury insurance. Details of this is available on our website.

BUCS & the Brighton Panthers

Many of our clubs compete in either weekly or one off British Universities Colleges Sport (BUCS) competitions against other universities nationally. See www.bucs.org.uk for Brighton's fixtures and results.

The University of Brighton's teams compete as the Brighton Panthers.



Other options to get active: See our other leaflets for more info



Parklife: For those that like their sport fun and low in cost. New timetable each term www.parklifeplay.co.uk



Classes: Fitness classes for everyone. Cycle, dance and lift your way to fit. Grab the latest timetable for info.



Gym Membership: Get access to Sport Brighton gyms, classes and priority booking all for a great student rate.

SPORTS CLUBS

SPORTS FEDERATION

2018/19



 **University of Brighton**

sportbrighton



BRIGHTON STUDENTS' UNION

sport.brighton.ac.uk/clubs

01273 642871 studentsports@brighton.ac.uk

   [sportbrighton](https://www.facebook.com/sportbrighton)

SPORTS CLUB DETAILS

Further details and contacts for all these clubs can be found at sport.brighton.ac.uk/clubs.

Not sure what a sport involves? See sport.brighton.ac.uk/clubs for more info.

See the key for details

Want to get involved? Go along to the first session. This is either in the form of a trial or it might just be your chance to have a go. See the next column as to what to expect

Some sports can either only cater for limited number or are a competitive team (trial). Others take anyone at anytime of the year (open).

Missed the first session? Not to worry either contact them or turn up in term time if a day & time is given below...

CLUB NAME <small>NOTE: CLUBS ARE MIXED IF NOT SPECIFIED</small>	LOCATION	FIRST SESSION DATE & TIME		TRIAL OR OPEN	WEEKLY DROP IN SESSION OR CONTACT
American Football	FAL PAV	Sun 30 Sep	10.00-14.00	Open	Tuesdays 20.00-22.00
Archery	FAL SC	Find us @ BSU's Freshers' Fair		Open^	Sundays 16.00-19.00
Athletics	EB SP	Tue 02 Oct	17.30-19.00	Open	facebook.com/groups/UoBAthletics
Badminton	FAL SC	Fri 28 Sep	17.30-19.30	Trial	vanishamajevadia@hotmail.co.uk
Badminton	EB SC	Sun 30 Sep	10.00-12.00	Trial	vanishamajevadia@hotmail.co.uk
Baseball and Softball	FAL SC	Thu 27 Sep	18.30-20.00	Open	Thursdays 18.30-20.00
Basketball Men's	FAL SC	Wed 03 Oct	17.30-19.00	Open	Wednesdays 17.30-19.00
Basketball Men's	EB SC	Wed 26 Sep	14.45-16.30	Trial	g.rogers2@uni.brighton.ac.uk
Basketball Women's	EB SC	Wed 26 Sep	14.45-16.30	Trial	basketballninger@gmail.com
Boxing	EB SC	Wed 26 Sep	16.00-18.00	Open	Mondays 17.00-18.00
Boxing	MOU CC	Thu 04 Oct	17.00-18.00	Open	Mondays 20.00-21.00
Cheerleading (Waves)	FAL SC	Thu 27 Sep	19.00-22.00	Trial	b.s.wavescheer@gmail.com
Cheerleading (Panthers)	EB SC	Mon 01 Oct	20.30-22.00	Trial	isabellepowell1234@googlemail.com
Cricket Men's	FAL SC	Tue 02 Oct	17.00-18.00	Open	ciaranfredericks@gmail.com
Cricket Men's	EB SC	Sun 30 Sep	15.00-17.00	Open	Sundays 15.00-17.00
Cricket Women's	FAL SC	Thu 04 Oct	16.00-17.00	Open	facebook.com/groups/UoBWomensCricketClub
Cricket Women's	EB SC	Sun 30 Sep	15.00-17.00	Open	Thursdays 16.00-17.00
Cycling	MOU CC	Sat 29 Sep	11.00 meet	Open	facebook.com/uobraceteam
Dance	FAL SC	Wed 3 Oct	18.00-19.00	Open	Wednesdays 18.00-19.00
Dance	EB SC	Wed 26 Sep	17.00 meet	Trial	teriogers15@hotmail.co.uk
Equestrian	VARIOUS	Contact Bella 07711255903		Trial*	brightonuni.equestrian@gmail.com
Football Men's	FAL PAV	FRI 28 Sep	12.00-18.00	Trial	brightonunifootball.com
Football Men's	EB SC	Wed 26 Sep	13.00-16.00	Trial	bobbijayd@yahoo.co.uk
Football Women's	FAL PAV	Tue 02 Oct	18.30-20.00	Trail	fran.l.king97@gmail.com
Football Women's	EB SC	Wed 26 Sep	16.00-17.30	Trial	c.farrell1@uni.brighton.ac.uk
Futsal Men's	EB SC	Wed 26 Sep	16.30-18.15	Trial	d.crayne1@uni.brighton.ac.uk
Futsal Women's	EB SC	Thu 27 Sep	17.00-18.30	Trial	e.lancaster1@uni.brighton.ac.uk
Golf	EBGC	Find us @ BSU's Freshers' Fair		Open	Facebook 'University of Brighton Golf'
Handball	EB SC	Fri 28 Sep	19.00-20.00	Open	Wednesdays 14.30-16.00
Hockey Women's	SDLC	Mon 01 Oct	18.30-20.00	Open	annabel@lumbys.net
Hockey Women's	EB SAF	Wed 26 Sep	16.00-18.00	Trial	charlotte@hardyemail.org
Hockey Men's	EB SAF	Mon 01 Oct	20.00-21.30	Open	Mondays 20.00-21.30
Jiu Jitsu	FAL SC	Mon 01 Oct	20.00-22.00	Open	Mondays 20.00-22.00
Karate	FAL SC	Mon 01 Oct	20.00-21.30	Open	Mondays 20.00-21.30
Korfball	FAL SC	Thu 04 Oct	20.00-22.00	Open	Thursdays 20.00-22.00
Lacrosse Men's	EB SAF	Wed 26 Sep	14.00-16.00	Open	Mondays 18.30-20.00
Lacrosse Women's	EB SAF	Wed 26 Sep	14.00-16.00	Open	Mondays 18.30-20.00
Motorsport	VARIOUS	Find us @ BSU's Freshers' Fair		Open*	facebook.com/BUMotorsport
Netball Women's	FAL PAV	Sat 29 Sep	14.00-17.00	Trial	elizabethomalley98@Gmail.com
Netball Women's	EB SC	Wed 26 Sep	13.00-15.30	Trial	jenniturrill@gmail.com
Polo Team	VARIOUS	Find us @ BSU's Freshers' Fair		Open	facebook.com/brightonunipolo
Powerlifting	FAL SC	Find us @ BSU's Freshers' Fair		Open	jawatson@my.milligan.edu
Rugby League Men's	FAL PAV	Mon 01 Oct	18.30-20.00	Open	Mondays 18.30-20.00
Rugby Union Men's	FAL PAV	Fri 28 Sep	17.00-19.00	Open	c.janzs1@uni.brighton.ac.uk
Rugby Union Men's	EB RFC	Wed 26 Sep	18.00-20.00	Open	c.janzs1@uni.brighton.ac.uk
Rugby Union Women's	EB SC	Wed 26 Sep	17.30-19.00	Open	Mondays 18.30-20.00 (EB RFC)
Rugby Union Women's	FAL PAV	Fri 28 Sep	20.00-22.00	Open	Fridays 20.00-22.00
Ski & Snowboard	VARIOUS	Find us @ BSU's Freshers' Fair		Open	facebook.com/UBSSC
Surf	VARIOUS	Find us @ BSU's Freshers' Fair		Open	facebook.com/ubscbrightonsurf
Swimming	EB SC	Thu 27 Sep	17.00-18.00	Open	Mondays 17.00-17.45
Tennis	FAL VA	Mon 01 Oct	18.30-20.00	Trial	uobtennis18@gmail.com
Trampoline	EB SC	Mon 01 Oct	20.00-22.00	Open	Mondays 20.00-22.00
Ultimate Frisbee	FAL PAV	Fri 28 Sep	17.00-20.00	Open	Thursdays 17.00-18.30
Volleyball Men's	FAL SC	Tue 02 Oct	18.00-20.00	Open	Tuesdays 19.00-20.30
Volleyball Women's	FAL SC	Tue 02 Oct	20.00-22.00	Open	Tuesdays 20.30-22.00

*Limited spaces available, booking required. ^Must complete beginners course prior to attending club sessions email uobarcheryclub@gmail.com for info

KEY- SEE MAP ON REVERSE FOR LOCATIONS

LOCATIONS:

EBGC East Brighton Golf Club
 EB HI Eastbourne Hillbrow Dance Studio
 EB SAF Eastbourne Saffrons
 EB SC Eastbourne UoB Sports Centre
 EB SP Eastbourne Sports Park/ Rugby Club

FAL SC Falmer UoB Sports Centre
 FAL PAV Falmer UoB Pavilion STP/ Hardcourts/ Grass
 FAL VA Virgin Active, Falmer
 MOU CC Moulsecomb UoB Cockcroft Sports Centre
 SDLC Stanley Deason Leisure Centre
 Competes in BUCS (British University Colleges Sport)

Find contact information for each club at:
sport.brighton.ac.uk/clubs

