

# PARKLIFE

Social Sport & Physical Activity

SEE ONLINE OR  
DOWNLOAD OUR  
APP TO BOOK.  
USE YOUR STUDENT  
ID TO LOGIN

## MONDAY

NETBALL | 18.30 - 20.00 | JUST PLAY

## TUESDAY

FOOTBALL WOMEN'S | 18.30 - 20.00 | JUST PLAY

## WEDNESDAY

FOOTBALL MEN'S | 15.30 - 17.00 | JUST PLAY

## THURSDAY

BADMINTON | 20.30 - 22.00 | JUST PLAY

## FRIDAY

TOUCH RUGBY | 17.00 - 18.30 | JUST PLAY

## SATURDAY

BASKETBALL MEN'S | 09.00 - 10.00 | JUST LEARN | £2

## SUNDAY

FOOTBALL MEN'S 10 A-SIDE | AFTERNOON | JUST LEAGUES+

ALL SESSIONS TAKE PLACE AT THE UNIVERSITY OF BRIGHTON  
EASTBOURNE SPORTS CENTRE.

+ NEW LEAGUES STARTING SOON.  
SIGN UP VIA OUR APP OR WEBSITE.

MOST SESSIONS START W/C 3RD OCTOBER 2022. USE OUR  
SPORT BRIGHTON APP TO SEE THE CURRENT WEEK'S  
AVAILABILITY AND TO BOOK

## SWIMMING | £2



AVAILABLE EVERYDAY FOR JUST £2 PER  
SWIM FOR OPEN SWIMS AT SPORT BRIGHTON.  
DETAILS CAN BE FOUND AT  
[SPORT.BRIGHTON.AC.UK/PARKLIFESWIM](http://SPORT.BRIGHTON.AC.UK/PARKLIFESWIM)

## BOULDERING STUDENT DEAL | £3.20



WEDNESDAYS 8AM-4PM DURING TERM TIME.  
SHOE HIRE IS REQUIRED AT AN ADDITIONAL  
£1 IF NEEDED. LOCATED AT BOULDER  
BRIGHTON, PORTSLADE. ONLINE BOOKING  
REQUIRED. PICK UP A PARKLIFE STUDENT  
VALIDATION CARD FROM A SPORT BRIGHTON  
RECEPTION TO PROVE STUDENT STATUS ON  
ARRIVAL. [BOULDERBRIGHTON.COM/STUDENTS](http://BOULDERBRIGHTON.COM/STUDENTS)

PARKLIFE DROP IN SESSIONS LET  
YOU PLAY AND TRY **ACTIVITIES FOR  
JUST £1** UNLESS STATED.  
EQUIPMENT IS PROVIDED. BOOK  
SESSIONS ONLINE & VIA THE APP.  
JUST PLAY ARE DROP IN SESSIONS.  
JUST MOVE SESSIONS ARE  
COACHED OR INSTRUCTOR LED.  
JUST LEAGUES ARE A WEEKLY  
LEAGUE PROGRAMME.  
[SPORT.BRIGHTON.AC.UK/PARKLIFE](http://SPORT.BRIGHTON.AC.UK/PARKLIFE)



University of Brighton

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